

B.B. ARTS, N.B. COMMERCE & B.P. SCIENCE COLLEGE, DIGRAS- 445203 DIST. YAVATMAL (M.S.)

Best Practices (YEAR 2019-20)

Describe at least two institutional best practices

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website.

Best Practices of the institution are as below

* Empowering Life Skills of Girl Students through Health Programs and Computer Literacy

*Improving Employability of the Students through Career Counselling and IT based Resources

BEST PRACTICE I

Empowering Life skills of Girl Students through Health Programme and Computer Literacy:-

Women's empowerment, referring to the empowerment of women in our present society, has become a significant topic of discussion in regards to development and economics. It can also point to approaches regarding other trivialized genders in particular political, economic, social contexts. Our college is committed to try to turn the socio-economical as well as socio-political situation into expected form. The large number of girl students in our college, which is also the great achievement of us, inspires to work in women empowerment stream. Organization recognized the relation between health and education. Institution runs several activities to gain overall social advancement and adding quality resources that may bridge the gap between dimension of socio-cultural existence. It is acknowledged, that our college is one of the leading organizations in community services, due to that college has selected this vital area to make healthy environment for girls in this aboriginal and economical backward place like Digras located in Yavatmal district of Maharashtra state, India.

1. Goals: -

- To make aware and impart knowledge regarding various nutrients present in different food materials and making a balance diet from available foods.
- To give knowledge regarding structure and functions of the body and how to maintain physical and mental fitness.
- To give information about the causes of various common diseases, how they spread and protection from these diseases.
- To encourage the girls to participate in the national programmes of disease awareness control and eradication.
- To give knowledge about personal hygiene and environmental cleanliness.
- To give knowledge about, first-aid and its importance in accidental cases.
- To give the information of government policies and programmers related to empowerment of the girls and women

- To create awareness about Yoga, meditation and exercise in once life.
- To make them able to handle all critical situations in life
- To motivate girls to be vaccinated in order to produce immunity against various diseases.
- To provide better social economic and political treatment to girls.
- To establish nice equation between education and health

2. Context: -

Health plays a vital role in once life, when it concerns with women then its being essence of humanity. Our college is committed to change this scenario by giving more focus to women empowerment. Digras is in between, not well developed and not too backward. Large number of girl students in our college showed somewhat progress but they are not well aware about their role in society. This college has co-education system and putting more efforts for gender equality, college has separate women anti-harassment cell (Internal Complaints Committee) to deal with various issues.

In the academic year 2019-2020, college conducted various programs, activities and workshop.

Department of Zoology organized 'Blood Group Testing' camp for the students participated in NSS special camp, held at Nimbha and for the students of commerce department.

College women's Internal Complaint Cell organized 'One day inter college Level Workshop on Health Guidance for girl students in collaboration with Inner wheel club, Jijau brigade, Sakhi manch, Taniksha group Digras.

Department of Home-economics organized competitions on Modak and garland preparation and poster presentation. Training of Baby food Preparation was given to girl students by Department of Home-economics. To improve the self-employment and entrepreneurship, Department of home-economics arranged Rangoli training program for girl students.

Department of Home-economics organized a program on 'Making Best and Durable from Waste'

Department of Home-economics organized a program on Cleanliness of kitchen and management of waste food. Department of Home-economics and college NSS unit organized a program on personality development for girl students.

Department of Home-economics visited Dhavanda Village, and carried out survey of Nutrition of tribal Women and their health.

The same Department organized the social Programs -Haldi Kumkum on the occasion of Makar sankrati.

The same Department observed 'Nutrition Week' also and guided the girl students about health and nutrition. Department also observed 'Breast feeding Week' and guided the girl students about importance of breast feeding.

NSS Unit of our college organized a camp of Health checkup and Hemoglobin count for girl students.

International women's day was observed by college Internal complaints committee and Dept. of zoology.

All these activities were organized to empower girl students of our college. The health programs and guest lectures make them aware and it's a way to empower them. It is the best practice of our college to make progress of girl students in current stream.

3. Evidence of Success: -

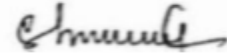
1. In Blood group testing camp about 80 girl students participated. (11/01/2020 and 25/02/2020)
2. In One Day One day inter college Level Workshop Health guidance more than 200 girl students participated. (24/12/2019)
3. About 67 girl students took advantage of programme on personality development for girl students. (11/01/2020 and 24/02/2020)
4. Baby food preparation training was given to 20 students. (11/09/2019)
5. About 79 students participated in the Modak and garland competition. (05/09/2019)
6. About 20 students participated in 'Breast feeding Week' . (05/08/2019)
7. The training of 'Making Best and Durable from the Waste' was given to about 46 students. (11/09/2019)
8. About 32 students done the Survey of Tribal Women Nutrition at village Dhavanda. (24/09/2019)
9. Home-economics dept. arranged programme of Haldi-kumkum and 80 students participated in it.
10. 'Nutrition Week' was observed by Dept. of Home-economics and 22 students participated in it. (26/08/2019).
11. NSS Unit of our college organized a camp of Health check up and Hemoglobin count and 62 girl students took advantage of it.
12. International women's day was observed by college Internal complaints committee and Dept. of zoology, 60 girl students participated in it.

4. Problems Encountered and Resources Required:-

Digras is rural place so that customary practice and conventional methods have become challenge. Transport Service are not enough to arrange these type of programme on huge scale. Inviting experts from outside was also problematic Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. The institute needs support of local small organizations to do if on a large scale.

5. Contact Details:-

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(Capt. V.L. Khalatkar)

Principal
B.B.Art,N.B.Commerce &
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BEST PRACTICE II

'Improving Employability of the Students through Career Counseling and IT Based Resources'

Education aims at all-around development of student's personality. In other word, students should be good in his profession and at the same time be an ideal citizen. His thinking should be rational. Our college is being devoted as well as committed to produce such kind of citizen in order to make better society to develop nation. Under the above practice college runs and conducts many programs as well as activities to improve student's personality and their employability skills. The aim of this practice is the professional, intellectual and moral training of an individual.

1. Goals: -

- To make student aware about various competitive examination like MPSC, UPSC, Banking etc.
- To develop students' attitude, knowledge and skills for entrepreneurship and self-employment.
- To provide opportunities for professional growth.
- To develop a healthy attitude among students towards work and life.
- To provide study material and better environment for study in college campus.
- To improve personality traits and professional skills.
- To help the students to know better self-interests, abilities, aptitudes and opportunities.
- To assist the student in planning for educational and vocational choices.
- To enable the students to find a job in their own region.
- To improve employability and upgrade skills of students.

2.Context:-

Our organization is one of the leading organizations in community services, due to that college is trying to establish the new dimension of education. It's our belief that education can work, when it walks with current problems and local problems as a strong answer to it. This practice deals with professional skills, professional ethics, employability, and soft skills.

In the academic year 2019-2020 our college organized various activities and programs.

The Competitive Examination Cell of our college conducts Competitive Examination Guidance classes to improve the employability of students.

The cell also organized the Competitive examination related activities for the students.

The NCC Unit of college organized workshop on incentive to NCC cadets in Defense forces.

The NSS Unit of college organized a Programme on Competitive examination and opportunity

in services.

The Science club organized a guest lecture on Competitive examination and opportunity of higher studies in foreign universities.

3. Evidence of Success: -

1. For Competitive Examination Guidance classes 93 students enrolled and participated
2. In workshop on incentive to NCC cadets in Defense forces 120 students participated.
3. In NSS Unit Programme on Competitive examination and opportunity in services 100 students participated.
4. In Science club guest lecture on Competitive examination and opportunity of higher studies in foreign universities 80 students participated.

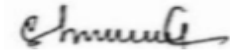
4. Problems Encountered and Resources Required: -

Digras is rural place therefore customary practice and conventional localities is a big problem. Transport services are not enough to organize this kind of programs on large scale. To change the mind set of students for competitive exam studies is a big challenge. Economical condition of student's family is a barrier for the stream.

Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. Scholarship was provided to good students. Study material was also provided to poor students. To overcome these above cited problems, college was taking proper steps to collaborate with various organization

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